

Ujval World School - October 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
Roti				Methi Puri	Gandhi Jayanthi	Holiday
Vegetable				Aloo Fry		
Rice				Ghee Rice		
Pulses				Dal Pappu		
				Masala Curd +Waffers		
	5	6	7	8	9	10
Roti	Butter Roti	Vegetable Paratha	Puri	Chapathi	Bhature	Mahalaya Amavasya
Vegetable	Honey Chilly Gobi	Soya Chunks Masala	Mix Veg Dry	Dry Bhindi	Chole	
Rice	Ghee Rice	Tomato Pudina Pulao	Green Peas Kaju Pulav	Jeera Rice	Paneer Veg Fried Rice	
Pulses	Dal Pappu	Rasam	Dal Makhani	Green Moong Dal Fry	Baby Corn Gobi chilly	
	Masala Curd+Fryums	Papad +Masala Raita	Boondi Raita + Choco	Smooth flavoured milk	Sonapapdi	
	12	13	14	15	16	17
Roti	Dussehra Vacation Starts	Dussehra Vacation	Dussehra Vacation	Dussehra Vacation	Dussehra Vacation	Dussehra Vacation
Vegetable						
Rice						
Pulses						
	19	20	21	22	23	24
Roti	Dussehra Vacation	Dussehra Vacation	Dussehra Vacation Ends	Ghee Roti	Tomato Soup	Idly
Vegetable				Green Peas Gobi Roast	Schezwan Veg Noodles	Chutney
Rice				Kasuri Methi kaju pulav	Onion Garlic Fried Rice	Veg Sambar
Pulses				Channa Dal Fry	Gobi Manchurian	
				Banana +Raita	Muffin	
	26	27	28	29	30	31
Roti	Butter Roti	Methi Roti	Mix Vegetable Paratha	Aloo Paratha	Puri	Set Dosa
Vegetable	Soya Capsicum Masala	Mixed Vegetable Saagu	Carrot,Beans & Green Peas Fry	Ridge gourd fry	Beetroot Palya	Chutney
Rice	Basmati pulav	Plain Rice	Vangi bath	Plain Rice	Pulao	Vegetable Sambar
Pulses	White Peas Dal Fry	Vegetable Sambar	Coconut Chutney	Tomato Rasam	Lobia + papad	Water Melon Juice
	Raita + Fryums	Plain Buttermilk + Choco Stick	Chana Dal Fy	Plain Buttermilk	Gulab Jamun	